

RESOURCES

Independent Living



What is an Independent Living Center?

Independent Living Centers are typically non-residential, private, non-profit, consumer-controlled, community-based organizations providing services and advocacy by and for persons with all types of disabilities. Their goal is to assist individuals with disabilities to achieve their maximum potential within their families and communities.

Independent Living Centers also serve as a strong advocacy voice on a wide range of national, state, and local issues. They work to assure physical and programmatic access to housing, employment, transportation, communities, recreational facilities, and health and social services.

General Independent Living

Maryland State Department of Education:

Division of Rehabilitation Services (DORS)

Independent Living services has rehabilitation services for people who do not have an employment goal, but who want to be more independent at home and in the community.



Core Services:

1. Information and Referral
2. Independent Living Skills Training
3. Peer Counseling
4. Individual and Systems Advocacy

Independent Living Assistive Technology Services:

This includes basic technology services that make it easier to get around and communicate with others. A few examples are ramps, stair glides, vehicle lifts for a wheelchair, hearing aids, hand controls, spinner knobs.

Independent Living for People with a Hearing Loss

Deaf Independent Living Association

Deaf Independent Living Association, Inc. (DILA) was established in 1982. DILA offers a variety of services for Eastern Shore residents with hearing loss, including employment support, residential support, information and referral and communication resources. Above all, DILA strives to promote active, independent living among the people we serve.



Community Support Services for the Deaf

Community Support Services for the Deaf (CSSD), Inc.'s mission is to support the personal well-being, growth, independence and achievement of individuals who are Deaf and hard of hearing. CSSD, Inc. supports individuals through the provision of an array of accredited vocational/supported employment, residential services, Individual Support Services, and a 12 bed senior assisted living nursing home. Additionally, CSSD, Inc. provides psychosocial and residential rehabilitation programs, and other outpatient mental health services. CSSD, Inc. provides the highest quality of staff and programs in order to achieve its mission.

RESOURCES

[Deaf Independent Living Association, Inc.](#)

[MD Department of Human Resources](#)

[Directory of Services: Independent Living](#)

[Directory of Services: Maryland Centers for Independent Living](#)

[Arundel Lodge Inc. –Creating Opportunities for Independence](#)

[Deaf Shalom Zone](#)

[DORS- Maryland State Department of Education Division of Rehabilitation Services](#)

[Family Service Foundation, Inc.](#)

[Independence Now- The Center for Independent Living](#)

[Independence Now- Services and Programs](#)

[People Encouraging People](#)

FACT SHEETS

[DILA – Information and Referral Fact Sheet](#)
[DORS Independent Living Services Fact Sheet](#)

VLOGS & VIDEOS

[About DORS](#)